Jeffrey Todd Kullgren, MD, MS, MPH
Assistant Professor of Internal Medicine
Division of General Medicine
University of Michigan Medical School
UM North Campus Research Complex
2800 Plymouth Road, Bldg. 16, Room 330W
Ann Arbor, MI 48109-2800
(734) 845-3613
jkullgre@med.umich.edu

CURRICULUM VITAE

Education	
8/1996-5/2000	B.S., Michigan State University (Sociology), East Lansing, MI
9/2000-4/2002	M.P.H., University of Michigan School of Public Health (Health Management and Policy), Ann Arbor, MI
8/2002-5/2006	M.D., Michigan State University College of Human Medicine, East Lansing, MI
7/2009-5/2011	M.S., Perelman School of Medicine at the University of Pennsylvania (Health Policy Research), Philadelphia, PA
Training	
6/2006-6/2007	Intern in Medicine, Brigham and Women's Hospital, Boston, MA
7/2007-6/2009	Resident in Medicine, Brigham and Women's Hospital, Boston, MA
7/2009-6/2012	Robert Wood Johnson Foundation Clinical Scholar (VA Scholar), University of Pennsylvania, Philadelphia, PA

Certification and Licensure

Med	นาลไ	Licensure
$III \cup U$	$u \cup u u$	Liccissiic

2009 American Board of Internal Medicine
 2008-2009 Commonwealth of Massachusetts
 2009 Commonwealth of Pennsylvania
 2012 State of Michigan (Physician License #4301100464)

 Expires 1/31/2019

Other Certification

2015 ACLS Provider, American Heart Association *Expires 3/23/2017*

Academic, Administrative, and Clinical Appointments

Academic and Ada	ministrative, and Chinear Appointments
5/1999-8/1999	Public Policy Intern, AIDS Alliance for Children, Youth and Families, Washington, DC
8/1999-12/1999	Consultant, AIDS Alliance for Children, Youth and Families, Washington, DC
5/2000-8/2000	Program Analyst, Agency for Healthcare Research and Quality, Rockville, MD
9/2000-8/2003	Research Assistant, University of Michigan School of Public Health, Ann Arbor, MI
5/2001-8/2001	Administrative Extern, Chicago Health Outreach, Inc., Chicago, IL
7/2007-6/2009	Research Assistant, Division of General Medicine, Brigham and Women's Hospital, Boston, MA
10/2008-11/2008	Primary Care Chief Medical Resident, West Roxbury VA Hospital, Boston, MA
7/2009-6/2012	Senior Fellow, Leonard Davis Institute of Health Economics, University of Pennsylvania, Philadelphia, PA
7/2009-6/2012	Trainee, Leonard Davis Institute of Health Economics Center for Health Incentives and Behavioral Economics and Penn CMU Roybal P30 Center on Behavioral Economics and Health, Philadelphia, PA
7/2012-present	Assistant Professor of Internal Medicine, Division of General Medicine, University of Michigan Medical School, Ann Arbor, MI
7/2012-present	Research Scientist, VA Center for Clinical Management Research, VA Ann Arbor Healthcare System, Ann Arbor, MI
7/2012-present	Core Investigator, Center for Bioethics and Social Sciences in Medicine, VA Ann Arbor Healthcare System & University of Michigan, Ann Arbor, MI
9/2012-present	Member, Michigan Center for Diabetes Translational Research, University of Michigan, Ann Arbor, MI
9/2012-present	Member, Institute for Healthcare Policy and Innovation, University of Michigan, Ann Arbor, MI
12/2013-present	Member, Michigan Nutrition Obesity Research Center, University of Michigan, Ann Arbor, MI
Clinical 6/2006-6/2009	Clinical Fellow in Medicine, Harvard Medical School, Boston, MA
10/2009-6/2012	Attending Physician, Hospital of the University of Pennsylvania, Philadelphia, PA
10/2009-6/2012	Attending Physician, Philadelphia VA Medical Center, Philadelphia, PA
7/2012-present	Attending Physician, VA Ann Arbor Healthcare System, Ann Arbor, MI

Research Interests

- 1. Behavioral economics and health
- 2. Diabetes prevention
- 3. Consumer-directed health care
- 4. Health care price transparency
- 5. Access to care

Grants

Present/Active

(J Kullgren, PI) 04/01/2015-03/31/2020

Veterans Affairs Health Services Research & Development CDA-2

\$836,008/total direct costs

Improving Veteran Engagement in Diabetes Prevention

Role: Principal Investigator

(J Kullgren, PI) 11/01/2015 – 3/31/2017

MICHR Pilot Grant (Internal)

\$50.000/total direct costs

Translating insights from behavioral economics and self-determination theory to promote sustained weight loss among obese employees.

Role: Principal Investigator

(J Kullgren, PI) 10/01/2015-03/31/2017

Robert Wood Johnson Foundation

\$246,494/total direct costs

A National Survey of Value-Promoting Consumer Behaviors in High-Deductible Health Plans

Role: Principal Investigator

(J Kullgren and E Kerr, Co-PIs) 03/01/2016-02/28/2019

Donaghue Foundation

\$600,000/total direct costs

Provider, Patient, and Health System Effects of Provider Commitments to Choose Wisely

Role: Co-Principal Investigator

(J Ayanian, PI) 10/1/2016 – 09/30/2017

CMS/State of Michigan

\$857,612/total direct costs

Healthy Michigan Plan CMS Evaluation FY17

Role: Co-Investigator

Pending

(M Heisler, PI) 4/1/2017-3/31/2022

NIH/NIDDK

\$294,462/annual direct costs

UPSTART: Using Peer Support to Aid pRevenTion of Diabetes

Role: Co-Investigator

(F Kabo, PI) 7/1/2017-6/30/2022

NIH/NIA

\$174,756/annual direct costs

A Multimodal Walking-Based Physical Activity Intervention

Role: Co-Investigator

(J Kullgren, PI) 9/1/2017-8/31/2022

NIH

\$463,931/annual direct costs

Integrating Behavioral Economics and Self-Determination Theory to Promote Sustained Motivation and Weight Loss

Role: Principal Investigator

Previous

(J Kullgren, PI) 11/30/2007-10/01/2008

Brigham and Women's Hospital Martin Solomon Medical Education Fund

\$3,000/total direct costs

The Impact of Nonfinancial Barriers on Access for the Uninsured

Role: Principal Investigator

5R21HD053440-02 (T Lieu, PI) 08/30/2007-07/01/2010

Eunice Kennedy Shriver National Institute of Child Health and Human Development

\$192,815/total direct costs

Family Decision Making and Burden Under High-Deductible Health Plans

Role: Co-Investigator

(J Karlawish, PI) 09/30/2011-08/01/2012

Penn-CMU Royal Center on Behavioral Economics and Health/National Institute on Aging

\$18,737/total direct costs

Who Wants to Be in a Behavioral Economic Intervention?

Role: Co-Investigator

(S Marcus, PI) 10/31/2011-12/31/2012

Department of Veterans Affairs Center for Health Equity Research and Promotion (CHERP)

\$27,300/total direct costs

Improving Fecal Occult Blood Test Completion Rates among Veterans

Role: Co-Investigator (Principal Investigator 10/31/2011-06/30/2012)

LIP 41-128 (J Kullgren, PI)

01/01/2013-06/30/2013

VA Center for Clinical Management Research

\$8,359/total direct costs

Improving Identification of Prediabetes within the VHA

Role: Principal Investigator

(J Kullgren, PI)

01/01/2013-3/31/2015

University of Michigan MCubed Initiative

\$60,000/total direct costs

Usability and Impact of a Health Care Price Transparency Tool

Role: Principal Investigator

(J Kullgren, PI)

02/10/2014-03/31/2015

Detroit Community-Academic Urban Research Center

\$3,000/total direct costs

Engaging Small Businesses to Improve Health and Health Care in Detroit

Role: Principal Investigator

(J Kullgren, PI)

01/01/2014-6/30/2015

Michigan Center for Diabetes Translational Research

\$48,476/total direct costs

Understanding the Effects of Workplace Identification of Prediabetes on Employee Engagement in Behaviors to Prevent Diabetes

Role: Principal Investigator

(J Kullgren, PI)

11/15/2013-1/31/2016

Robert Wood Johnson Foundation

\$199,417/total direct costs

Decreasing Overuse of Low-Value Health Care Services through Physician Precommitment

Role: Principal Investigator

Honors and Awards

1996-2006	Medical Scholar (combined BS/MD program), Michigan State University College of Human Medicine, East Lansing, MI
2004	Second Place, Blue Cross Blue Shield of Michigan Foundation Excellence in Student Research Competition, Detroit, MI
2004	First Place, Quality Studies, Michigan Chapter of the American College of Physicians Annual Scientific Meeting, Traverse City, MI
2005	Gold Humanism Honor Society
2005	Alpha Omega Alpha (Junior Year)
2006	Second Place, Blue Cross Blue Shield of Michigan Foundation Excellence in Student Research Competition
2006	Assistant Dean's Award for Academic Excellence, Michigan State University College of Human Medicine, East Lansing, MI

2007	David M. Levine Award, Johns Hopkins University Division of General Internal Medicine, Baltimore, MD
2009-2010	Superior Reviewer (top 15% of peer reviewers), Journal of General Internal Medicine
2011	Bradley Fellow Award in Health Evaluation Research, University of Pennsylvania Department of Medicine, Philadelphia, PA
2011	Mack Lipkin Sr. Associate Member Award, Society of General Internal Medicine Annual Meeting, Phoenix, AZ
2011	Fellow, 11th Annual NIH Summer Institute on Randomized Behavioral Clinical Trials, Warrenton, VA
2011	Best Oral Presentation by a Junior Faculty Member, Society of General Internal Medicine Mid-Atlantic Regional Meeting, Baltimore, MD
2012	Mack Lipkin Sr. Associate Member Award, Society of General Internal Medicine Annual Meeting, Orlando, FL
2012	First Place, Clinical Research, University of Pennsylvania Institute on Aging Sylvan M. Cohen Annual Retreat, Philadelphia, PA
2011-2012	Superior Reviewer (top 15% of peer reviewers), <i>Journal of General Internal Medicine</i>
2013	Milton W. Hamolsky Junior Faculty Award, Society of General Internal Medicine Annual Meeting, Denver, CO
2014	Milton W. Hamolsky Junior Faculty Award, Society of General Internal Medicine Annual Meeting, San Diego, CA
2014	Outstanding Reviewer, Annals of Internal Medicine
2015	Outstanding Reviewer, Annals of Internal Medicine

Memberships in Professional Societies

National 2001-present	AcademyHealth (Annual Meeting Consumer Choice, Decision-Making, and Behavior Abstract Review Committee 2012; Reviewer for Institute on Advocacy and Public Policy Presidential Scholarship 2013; Annual Meeting Consumer Choice and Behavioral Economics Abstract Review Committee 2014)
2002-2010	American Medical Association
2002-2006	American Medical Student Association (Michigan State University Chapter Public Relations Chair 2003-2004)
2004-present	Society of General Internal Medicine (Annual Meeting Preventive Medicine Abstract Review Committee 2009; Research Committee 2009-2012; Annual Meeting Quality Studies Abstract Review Committee 2012; Annual Meeting Clinical Decision-Making & Economic Analyses Abstract Review Committee 2014)

2009-present American College of Physicians

2012-present Society for Medical Decision Making

2013-present Society of Behavioral Medicine

Local

2001-2002 University of Michigan Health Policy Student Association (Founding Co-Chair

2001 - 2002)

Editorial Positions, Boards, and Peer-Review Service

Editor

2015-present

2015-present

2015-present 2016-present

2003-2004 *Virtual Mentor* (Theme Issue Editor)

2015-present HealthCare: the Journal of Delivery Science and Innovation (Section Editor

for Patient-Centered Clinical Innovation)

	for Patient-Centered Chincal Innovation)
Reviewer	
2003-present	Ad-Hoc Reviewer, American Journal of Public Health
2004-present	Ad-Hoc Reviewer, Journal of General Internal Medicine
2005-present	Ad-Hoc Reviewer, Journal of Health Care for the Poor and Underserved
2007-present	Ad-Hoc Reviewer, Journal of Immigrant and Minority Health
2008-present	Ad-Hoc Reviewer, Journal of Women's Health
2009-present	Ad-Hoc Reviewer, Ethnicity and Health
2010-present	Ad-Hoc Reviewer, Social Science & Medicine
2010-present	Ad-Hoc Reviewer, Annals of Internal Medicine
2010-present	Ad-Hoc Reviewer, Social Science Quarterly
2011-present	Ad-Hoc Reviewer, Healthcare Policy
2011-present	Ad-Hoc Reviewer, American Journal of Managed Care
2011-present	Ad-Hoc Reviewer, Health Affairs
2011-present	Ad-Hoc Reviewer, BMC Health Services Research
2012-present	Ad-Hoc Reviewer, Archives of Internal Medicine (now JAMA Internal
	Medicine)
2012-present	Ad-Hoc Reviewer, International Journal of Health Equity
2012-present	Ad-Hoc Reviewer, Journal of the American Medical Association
2012-present	Ad-Hoc Reviewer, <i>Pediatrics</i>
2012-present	Ad-Hoc Reviewer, PLOS Medicine
2013-present	Ad-Hoc Reviewer, BMC Medical Informatics & Decision Making
2013-present	Ad-Hoc Reviewer, Health Care: The Journal of Delivery Science and
	Innovation
2013-present	Ad-Hoc Reviewer, British Medical Journal
2013-present	Ad-Hoc Reviewer, Preventive Medicine
2014-present	Ad-Hoc Reviewer, Obesity
2014-present	Ad-Hoc Reviewer, American Journal of Preventive Medicine

Ad-Hoc Reviewer, European Journal of Health Economics Ad-Hoc Reviewer, New England Journal of Medicine

Ad-Hoc Reviewer, Preventive Medicine Reports

Ad-Hoc Reviewer, Annals of Behavioral Medicine

Editorial Boards

2011-2014	Editorial Board.	Journal or	f General	Internal Medicine

Teaching	
2003	Field Experience Coordinator, Community Resource Elective, Michigan State University College of Human Medicine
2003-2004	Course Director, Community Resource Elective, Michigan State University College of Human Medicine
2004	Lecturer, Community Resource Elective, Michigan State University College of Human Medicine
2007	OSCE Faculty Examiner, Patient-Doctor Year II - Introduction to Clinical Medicine, Harvard Medical School
2008	Primary Care Chief Medical Resident, West Roxbury VA Medical Center
01/2011	Lecture on "Health Care Decision-Making and Delayed Care Among Families in High-Deductible Health Plans" for the University of Pennsylvania Division of Human Resources
2011	Mentor for Eric Tejeda, Leonard Davis Institute of Health Economics Summer Undergraduate Minority Research Program (SUMR) Scholar
10/2011	Lecture on "Emerging Policy Approaches to Promote Healthy Behaviors" for the Physician Advocacy and Social Medicine Seminar Series at the Perelman School of Medicine at the University of Pennsylvania
11/2011	Lecture on "Emerging Policy Approaches to Promote Healthy Behaviors" for the Division of General Internal Medicine in the Perelman School of Medicine at the University of Pennsylvania
2012-2016	Lecture on "Introduction to Behavioral Economics and Health" for the Robert Wood Johnson Foundation Clinical Scholars and Master's in Health & Health Care Research students at the University of Michigan
2012-present	Ward Attending, Ann Arbor VA Healthcare System
2013-2014	University Research Opportunity Program Mentor for Chi (Chris) Kwong Cheung
2013-present	Research Mentor for Dina Hafez, MD, University of Michigan Internal Medicine-Pediatrics Resident and RWJF Clinical Scholar
2014	MICHR Health Disparities Summer Immersion Program Research Mentor for Ryan Johnson
08/2014	Small Group Leader for University of Michigan Medical School M1 Medical Decision-Making course
10/2014	Small Group Leader for University of Michigan Medical School M2 Medical Decision-Making course

2014-2016	Research Mentor for Abby Schachter, University of Michigan School of Public Health Masters Student
2014-2015	University Research Opportunity Program Mentor for Fangyuan Dong
2015-present	Associate Director, University of Michigan Medical School Health Policy & Health Economics Path of Excellence
03/2015	Guest Lecture on "How to Effectively Engage Individuals in Behavior Change: Review of the Evidence" for the MHealthy Advisory Committee
05/2015	Guest Lecture on "How to Effectively Engage Individuals in Behavior Change: Review of the Evidence" for the MHealthy Staff Strategic Planning Meeting
2015	MICHR Health Disparities Summer Immersion Program Research Mentor for Mishi Bhushan
2015	NIDDK Medical Student Research Program in Diabetes Research Mentor for Varsha Das
2015	Lecture on "The Promise and Perils of Reporting Health Care Prices to Consumers" for HMP 606 (Managerial Accounting for Health Care Administrators) in the University of Michigan School of Public Health
2016	"The Why and How of Behavioral Economic Strategies to Promote Healthy Decisions," University of Michigan Department of Internal Medicine Grand Rounds
2016	Lecture on "The Growth and Future of Consumer-Directed Health Care" for the National Clinician Scholars and Master's in Health & Health Care Research students at the University of Michigan

Committee, Organizational, and Volunteer Service

2002-2003	Student Council, Michigan State University College of Human Medicine
2003-2004	Admissions Committee, Michigan State University College of Human Medicine
2004-2005	Dean's Student Advisory Committee, Michigan State University College of Human Medicine
2005	Resident Selection Committee, Michigan State University College of Human Medicine Alpha Omega Alpha Chapter
2007-2008	Pharmacy and Therapeutics Committee, Brigham and Women's Hospital
2008	Internship Selection Committee, Brigham and Women's Hospital Department of Medicine
2012-present	Communications Committee, VA Center for Clinical Management Research
2013-present	MHealthy Advisory Committee, University of Michigan
2013-present	Impact Hub Advisory Committee, University of Michigan Institute for Healthcare Policy and Innovation

2014	VA QUERI Partnered Research RRP Review Panel
2015	Special Emphasis Review Panel on Pragmatic Research and Natural Experiments, National Institute of Diabetes and Digestive and Kidney Disease
2015-2016	Chair, MHealthy Committee on Incentives and Engagement
2016	Reviewer for Policy-Relevant Insurance Studies, Robert Wood Johnson Foundation
Visiting Profes	ssorships, Seminars and Extramural Invited Presentations "Health Care Decision-Making and Delayed Care Among Families in High- Deductible Health Plans," Harvard Medical School Department of Population Medicine, Boston, MA
10/2010	Moderator, "Why Prevention is the Best Buy in Healthcare" panel, Kids Come First Summit, Philadelphia, PA
03/2011	"The Impact of Consumer-Directed Health Care on Vulnerable Populations," University of the Sciences in Philadelphia, PA
05/2011	Moderator, "Working with the Media to Disseminate Research Findings: Strategies for Success" panel, Society of General Internal Medicine Annual Meeting, Phoenix, AZ
10/ 2011	"Emerging Policy Approaches to Promote Healthy Behaviors," Medical College of Wisconsin Center for Patient Care and Outcomes Research, Milwaukee, WI
11/2011	"Emerging Policy Approaches to Promote Healthy Behaviors," University of Michigan Division of General Medicine, Ann Arbor, MI
11/2011	"Emerging Policy Approaches to Promote Healthy Behaviors," University of Pittsburgh Center for Research on Health Care, Pittsburgh, PA
01/2012	"Public Reporting of Consumer Health Care Costs," University of Chicago Section of General Internal Medicine Diabetes Research Group, Chicago, IL
01/2012	"Emerging Policy Approaches to Promote Healthy Behaviors," University of Chicago Section of General Internal Medicine, Chicago, IL
03/2012	"Consumer-Directed Health Care and Vulnerable Populations," University of the Sciences in Philadelphia, PA
10/2013	"Financial Incentives for Weight Loss and Physical Activity: Can They Enhance Diabetes Prevention?" Michigan Diabetes Prevention Conference, Ann Arbor, MI
11/2013	"Decreasing Overuse of Low-Value Health Care Services through Physician Precommitment," Applying Behavioral Economics to Perplexing Problems in Health and Health Care Conference (sponsored by the Robert Wood Johnson Foundation, the Donaghue Foundation, and the Penn LDI Center for Health Incentives and Behavioral Economics), Philadelphia, PA
11/2013	"Decreasing Overuse of Low-Value Health Care Services through Physician

	Precommitment," American Board of Internal Medicine Foundation Choosing Wisely Measurement Group, Philadelphia, PA
02/2014	"Group Incentives for Weight Loss: More Bang for Your Bucks?" 10 th Annual Executive Forum on Rewarding Healthy Behaviors, Las Vegas, NV
05/2014	"A Census of State Health Care Price Transparency Websites," Michigan Senate Health Policy Committee, Lansing, MI
05/2014	"Behavioral Economics and Health in Accountable Care Organizations (ACOs)," Brookings Institution ACO Learning Network, Washington, DC
06/2014	"Applying Behavioral Economics to Improve Health and Health Care," Center for Healthcare Research & Transformation Board of Directors Meeting, Ann Arbor, MI
09/2014	Invited Panelist for "Dissecting Consumer Driven Healthcare: The Evolution of Healthcare Insurance," Ross Business School Healthcare and Life Science Symposium, Ann Arbor, MI
11/2014	"Where the Rubber Meets the Road: Consumer and Provider Considerations," Blue Cross Blue Shield of Michigan Market Insight Symposium, Detroit, MI
1/2015	"The Why and How of Behavioral Economic Strategies to Promote Healthy Behaviors," Michigan State University Center for Ethics and Humanities in the Life Sciences, East Lansing, MI
3/2015	"Engaging Small Businesses to Improve Health and Health Care in Southeast Michigan: Preliminary Findings," Detroit Regional Chamber Health Care Leaders Forum, Detroit, MI
5/2015	"Provider Commitments to Choose Wisely," AcademyHealth Health Care Resource Utilization Meeting, Washington, DC
10/2015	"Designing Effective Programs: Using Proven Behavior Change Theories that Work," 2015 University Summit for Faculty & Staff Health & Well-Being, Chicago, IL
10/2015	Invited Panelist for "The Case for Transparency," Crain's Detroit Health Care Leadership Summit, Detroit, MI
4/2016	"Consumer-Directed Health Plan Study," Detroit Regional Chamber HealthForward Evolution of Employee Health Engagement Conference, Southfield, MI
7/2016	"Behavioral Economics: Improving Patient Decision-Making in Health Care," AbilTo Speaker Series, New York, NY
9/2016	Invited Panelist for "EEOC, Incentives & Engagement," HERO Forum 2016, Atlanta, GA

BibliographyPeer-Reviewed Publications

- 1. <u>Kullgren JT</u>. Restrictions on undocumented immigrants' access to health services: the public health implications of welfare reform. *American Journal of Public Health* 2003; 93(10):1630-1633.
- 2. Taylor EF, <u>Kullgren JT</u>, McLaughlin CG. Who enrolls in a program for parents of publicly insured children? *Health Affairs*. Suppl Web Exclusives: W3-460-71, 2003.
- 3. <u>Kullgren JT</u>, Sibella MD. Calculating your costs per visit. *Family Practice Management* 2004; 11(4):41-45.
- 4. <u>Kullgren JT</u>, Taylor EF, McLaughlin CG. Donated care programs: a stopgap measure or a long-run alternative to health insurance? *Journal of Health Care for the Poor and Underserved* 2005; 16(3):421-430.
- 5. Lieu TA, Solomon JL, Sabin JE, <u>Kullgren JT</u>, Hinrichsen VL, Galbraith AA. Consumer awareness and strategies among families with high-deductible health plans. *Journal of General Internal Medicine* 2010; 25(3):249-54. PMCID: PMC2839340
- 6. <u>Kullgren JT</u>, McLaughlin CG. Beyond affordability: the impact of nonfinancial barriers on access for uninsured adults in three diverse communities. *Journal of Community Health* 2010; 35(3):240-248. PMCID: Not required.
- 7. <u>Kullgren JT</u>, Galbraith AA, Hinrichsen VL, Miroshnik I, Penfold RB, Rosenthal MB, Landon BE, Lieu TA. Health care use and decision-making among lower-income families in high-deductible health insurance plans. *Archives of Internal Medicine* 2010; 170(21):1918-25. PMCID: PMC40040554.
- 8. Penfold RB, <u>Kullgren JT</u>, Miroshnik I, Galbraith AA, Hinrichsen VL, Lieu TA. Reliability of a patient survey assessing cost-related changes in health care use among high deductible health plan enrollees. *BMC Health Services Research* 2011; 11(1):133. PMCID: PMC3116474
- 9. <u>Kullgren JT</u>, McLaughlin CG, Mitra N, Armstrong K. Nonfinancial barriers and access to care for US adults. *Health Services Research* 2012; 47(1 Pt 2):462-485. PMCID: Not required.
- 10. <u>Kullgren JT</u>, Volpp KG, Polsky D. Are the healthy behaviors of US high-deductible health plan enrollees driven by people who chose these plans? Smoking as a case study. *PLoS One* 2013;8(2):e56154. Epub 2013 Feb 13. PMCID: PMC3572017
- 11. <u>Kullgren JT</u>, Troxel AB, Loewenstein G, Asch DA, Norton LA, Wesby L, Tao Y, Zhu J, Volpp KG. Individual- versus group-based financial incentives for weight loss: a randomized, controlled trial. *Annals of Internal Medicine*. 2013;158(7):505–514. PMCID: PMC3994977.
- 12. <u>Kullgren JT</u>, Duey KA, Werner RM. A census of state health care price transparency websites. *JAMA*. 2013;309(23):2437-2438. PMCID: Not required.
- 13. <u>Kullgren JT</u>, Williams GC, An LC. Patient-Centered Financial Incentives for Health: Can Employers Get Change for Their Dollars? *Health Care: The Journal of Delivery Science and Innovation*. 2013;1:82-85. PMCID: Not required.
- 14. <u>Kullgren JT</u>, Harkins KA, Bellamy SL, Gonzales A, Tao Y, Zhu J, Volpp KG, Asch DA, Heisler M, Karlawish J. A Mixed Methods Randomized Controlled Trial of Financial

- Incentives and Peer Networks to Promote Walking among Older Adults. *Health Education & Behavior*. 2014;41(1 Suppl):43S-50S. PMCID: Pending.
- 15. <u>Kullgren JT</u>, Dicks TN, Fu X, Richardson D, Tzanis GL, Tobi M, Marcus SC. Financial incentives for completion of fecal occult blood tests among veterans: a 2-stage, pragmatic, cluster, randomized, controlled trial. *Annals of Internal Medicine*. 2014;161(10 Suppl):S35-S43. PMCID: Not required.
- 16. Becker NV, Asch DA, <u>Kullgren JT</u>, Bellamy SL, Sen AP, Volpp KG. Stages of Change and Patient Activation Measure scores in the context of incentive-based health interventions. *American Journal of Health Promotion*. 2015;30(2):133-5.
- 17. Caverly T, Fagerlin A, Zikmund-Fisher BJ, Kirsh SR, <u>Kullgren JT</u>, Prenovost K, Kerr EA. Appropriate Prescribing for Diabetic Patients at High-risk for Hypoglycemia: National Survey of VA Primary Care Providers. *JAMA Internal Medicine*. 2015;175(12):1994-6. PMCID: Pending.
- 18. <u>Kullgren JT</u>, Williams GC, Resnicow K, An LC, Rothberg A, Volpp KG, Heisler M. The Promise of Tailoring Incentives for Healthy Behaviors. *International Journal of Workplace Health Management*. 2016;9(1): 2-16.
- 19. <u>Kullgren JT</u>, Troxel AB, Loewenstein G, Asch DA, Norton LA, Gatto D, Tao Y, Zhu J, Schofield H, Shea JA, Asch DA, Pellathy T, Driggers J, Volpp KG. A Randomized Controlled Trial of Employer Matching of Employees' Monetary Contributions to Deposit Contracts to Promote Weight Loss. *American Journal of Health Promotion*. 2016;July/August: 441-542.
- 20. Zikmund-Fisher BJ, <u>Kullgren JT</u>, Fagerlin A, Klamerus ML, Bernstein SJ, Kerr EA. Perceived Barriers to Implementing Individual *Choosing Wisely®* Recommendations in Two National Surveys of Primary Care Providers. *Journal of General Internal Medicine*. 2016 Sep 6. [Epub ahead of print]
- 21. <u>Kullgren JT</u>, Knaus M, Jenkins KR, Heisler M. A Mixed Methods Study of Engagement in Behaviors to Prevent Diabetes among Employees with Prediabetes. *BMJ Open Diabetes Research and Care*. 2016 Sep 15;4(1):e000212.
- 22. Scherer L, Caverly T, Burke J, Zikmund-Fisher BJ, <u>Kullgren JT</u>, Steinley D, McCarthy D, Roney M, Fagerlin A. Assessing the Preference to "Do Something" to Address Health Threats: Development of the Medical Maximizer Scale. *Health Psychology*. 2016 Nov;35(11):1276-1287.
- 23. Sears ED, Caverly TJ, <u>Kullgren JT</u>, Fagerlin A, Zikmund-Fisher BJ, Prenovost K, Kerr EA. Barriers to Inappropriate Imaging for Low Back Pain: Knowing is Not Enough. *JAMA Internal Medicine*. 2016 Dec 1;176(12):1866-1868.
- Harkins KA, <u>Kullgren JT</u>, Bellamy SL, Karlawish J, Glanz K. A trial of financial and social incentives to increase older adults' walking. *American Journal of Preventive Medicine*. 2017 Jan 3. pii: S0749-3797(16)30612-2. doi: 10.1016/j.amepre.2016.11.011. [Epub ahead of print]
- 25. Segel JE, <u>Kullgren JT</u>. Health Insurance Deductibles and Their Associations With Out-of-Pocket Spending and Affordability Barriers Among US Adults With Chronic Conditions. *JAMA Intern Med.* Published online January 09, 2017.

- 26. Hafez D, Fedewa A, Moran M, O'Brien M, Ackermann R, <u>Kullgren JT</u>. Workplace Interventions to Prevent Type 2 Diabetes Mellitus: A Narrative Review. *Current Diabetes Reports*. 2017 Feb;17(2):9.
- 27. <u>Kullgren JT</u>, Segel JE, Peterson TA, Fendrick AM, Singh S. Availability and Variation of Publicly Reported Prescription Drug Prices. *American Journal of Managed Care*. 2017 (in press).

Contributions to peer-reviewed clinical research publications, participation cited, but not by authorship

1. Sequist TD, Zaslavsky AM, Marshall R, Fletcher RH, Ayanian JZ. Patient and physician reminders to promote colorectal cancer screening: a randomized controlled trial. *Archives of Internal Medicine* 2009; 169(4):364-71. PMCID: PMC2683730

Editorials, Reviews, Chapters, including participation in committee reports (print or other media)

- 1. <u>Kullgren JT</u>. From the editor: an obligation to act. *Virtual Mentor* 6(1), Jan 2004.
- 2. <u>Kullgren JT</u>, Werner RM. Will public reporting of healthcare quality measures inform and educate patients? No. *Chest* Nov 2011;140:1117-1120.
- 3. <u>Kullgren JT</u>. Illegal alien status and family health. *Encyclopedia of Family Health* 2011.
- 4. <u>Kullgren JT</u>. How to Teach People About Health Care Pricing. *Harvard Business Review* 2015.
- 5. <u>Kullgren JT</u>. How to Teach People About Health Care Pricing. *NEJM Catalyst.* 2016.
- 6. <u>Kullgren JT</u>, Hwang A, Kozhimannil KB. Innovations to more effectively engage patients and caregivers across the health care spectrum. *Healthcare: The Journal of Delivery Science and Innovation*. 2016 Mar;4(1):1-2.
- 7. <u>Kullgren JT</u>. Injecting facts into the heated debates over Medicaid expansion. *Annals of Internal Medicine*. 2016 Apr 19.
- 8. Sen AP, Huffman D, Loewenstein G, Asch DA, <u>Kullgren JT</u>, Volpp KG. Do Financial Incentives Reduce Intrinsic Motivation for Weight Loss? Evidence from Two Tests of Crowding Out. *Nudging Health*. Eds. Cohen IG, Fernandez Lynch H, Robertson CT. Johns Hopkins University Press. 2016.

Alternative Media

- 1. <u>Kullgren JT.</u> Welfare plan overlooks immigrants. *Detroit Free Press* Page: A15, 2002.
- 2. Kullgren JT. Surgeon general nominee fuels divisive politics. *Lansing State Journal* 2007.
- 3. <u>Kullgren JT</u>. Maximizing impact: using media coverage to disseminate your research. *SGIM Forum* Sep 2011.

Abstracts

1. Taylor E, McLaughlin CG, <u>Kullgren JT</u>. Differences in access and utilization among Hispanics enrolled in a community-based access program: does level of acculturation matter? AcademyHealth Annual Research Meeting 2004.

- 2. <u>Kullgren JT</u>, Choi H, Heisler M. Trends in and correlates of awareness of a prediabetes diagnosis among US adults. Society of General Internal Medicine Annual Meeting 2013 (oral presentation).
- 3. <u>Kullgren JT</u>, Krupka E, Schachter A, Linden A, Miller J, Alford J, Adler-Milstein J. A Randomized Trial of a Behavioral Economic Intervention to Decrease Overuse of Low-Value Health Services. Society of General Internal Medicine Annual Meeting 2016 (poster presentation).
- 4. Kieffer E, Scherer, <u>Kullgren JT</u>, Clark S, Rowe Z, Beathard E, Olorode T, Szymecko L, Zamora MV, Solway S, Ayanian J, Goold S. Early Experiences of Michigan's Medicaid Expansion Beneficiaries with Cost Sharing and Financial Incentives for Healthy Behaviors. Society of General Internal Medicine Annual Meeting 2016 (poster presentation).
- 5. <u>Kullgren JT</u>, Krupka E, Schachter A, Linden A, Miller J, Alford J, Adler-Milstein J. A Randomized Trial of a Behavioral Economic Intervention to Decrease Overuse of Low-Value Health Services. AcademyHealth Annual Research Meeting 2016 (poster presentation).
- 6. Kieffer E, Scherer, <u>Kullgren JT</u>, Clark S, Rowe Z, Beathard E, Olorode T, Szymecko L, Zamora MV, Solway S, Ayanian J, Goold S. Early Experiences of Michigan's Medicaid Expansion Beneficiaries with Cost Sharing and Financial Incentives for Healthy Behaviors. AcademyHealth Annual Research Meeting 2016 (poster presentation).
- 7. <u>Kullgren JT</u>, Cliff EQ, So J, Saksewski S, Peterson T, Singh. Exploring Small Business Decisions under the Affordable Care Act. AcademyHealth Annual Research Meeting 2016 (poster presentation).
- 8. <u>Kullgren JT</u>, Krupka E, Schachter A, Linden A, Miller J, Alford J, Adler-Milstein J. Commitment to *Choosing Wisely*® is a low cost, scalable strategy that can decrease clinician ordering of services that can lead to overdiagnosis. Preventing Overdiagnosis 2016 (oral presentation).